Centre ...... Assessor ...... Paper case .....

Patient Initials / No ...... Assessment number ...... Date ...... BVAS 2003 Study

## **VASCULITIS ACTIVITY SCORE 2003**

Ο Tick box only if abnormality represents active 
If all the abnormalities recorded represent disease (use the Vasculitis Damage Index, VDI to score smouldering/low grade/ grumbling disease, and items of damage). If there are no abnormalities in a system, please tick the "None" box

there are no new/worse features, please remember to tick the box at the bottom right corner

system, please tick the "None" box		to tick the box at the bottom right corner			
	None	Active disease		None	Active disease
1. General	0		6. Cardiovascular	0	
Myalgia Arthralgia or arthritis Fever ≥ 38.0 <sup>0</sup> C Weight Loss ≥ 2 kg		0 0 0	Loss of pulses Valvular heart disease Pericarditis Ischaemic cardiac pain		00000
2. Cutaneous	0		Cardiomyopathy Congestive cardiac failure		0 0
Infarct		0	7. Abdominal	0	
Purpura Ulcer Gangrene		0 0 0	Peritonitis Bloody diarrhoea		0
Other skin vasculitis		Õ	Ischaemic abdominal pain		Õ
3. Mucous membranes/eyes	0		8. Renal	0	
Mouth ulcers/granulomata Genital ulcers Adnexal inflammation Significant proptosis Red eye (Epi)scleritis Red eye conjunctivitis/ blepharitis/keratitis Blurred vision Sudden visual loss Uveitis Retinal vasculitis/retinal vessel Thrombosis/retinal exudates/ Retinal haemorrhages		000000000000000000000000000000000000000	<ul> <li>Hypertension Proteinuria &gt;1+ Haematuria ≥10 rbc/hpf Creatinine 125-249 µmol/l Creatinine 250-499 µmol/l Creatinine ≥ 500 µmol/l Rise in creatinine &gt; 30% or Creatinine clearance fall &gt; 25%</li> <li>9. Nervous system Headache Meningitis Organic confusion</li> </ul>	0	
<b>4. ENT</b> Bloody nasal discharge/nasal	0		Seizures (not hypertensive) Stroke Cord lesion		0 0 0
Crusts/ulcers and/or granulomata Paranasal sinus involvement Subglottic stenosis		0 0 0	Cranial nerve palsy Sensory peripheral neuropathy Motor mononeuritis multiplex		0 0 0
Conductive hearing loss Sensorineural hearing loss		0 0	10. OTHER	0	
5. Chest	0				0 0
Wheeze Nodules or cavities		0 0			0
Pleural effusion/pleurisy Infiltrate Endobronchial involvement		0 0 0	PERSISTENT DISEASE ONLY:		
Massive haemoptysis/Alveolar haemorrhage		0	Tick here if <b>all</b> the above abnorma are due to low grade grumbling di	sease	
Respiratory failure		0	and not due to new/ worse diseas	e	

**BVAS 2003** 15/04/04

active vasculitis, after exclud it is scored in the boxes. I according to the severity wh abnormalities are due to ac disease, DO NOT tick the " further tests) is required if al complete the whole record some items. Please leave th patient has new onset of s whether or not it is due to ac	<b>BVAS 2003.</b> GENERAL RULE: disease features are scored only when they are due to ding other causes (e.g. infection, hypertension, etc.). If the feature is due to active disease, t is essential to apply these principles to each item below. Scores have been weighted hich each symptom or sign is thought to represent. Tick "Persistent Disease" box if all the tive (but not new or worse) vasculitis. If any of the abnormalities are due to new/worse 'Persistent Disease'' box. For some features, further information (from specialist opinion or bonormality is newly present or worse. Remember that in most instances, you will be able to when you see the patient. However, you may need further information before entering hese items blank, until the information is available, and then fill them in. For example, if the tridor, you would usually ask an ENT colleague to investigate this further to determine the Wegener's granulomatosis.	BVAS persistent	BVAS new/ worse
1. General	Maximum scores	2	3
Myalgia	Pain in the muscles	1	1
Arthralgia or arthritis	Pain in the joints or joint inflammation	1	1
Fever ≥ 38.0 <sup>°</sup> C	Documented oral/axillary temperature elevation. Rectal temps are 0.5 <sup>o</sup> C higher	2	2
Weight Loss	At least 2kg loss of body weight (not fluid) having occurred since last assessment or in the 4 weeks not as a consequence of dieting	2	2
2. Cutaneous	Maximum scores	3	6
Infarct	Area of tissue necrosis or splinter haemorrhages	1	2
Purpura	Petechiae (small red spots), palpable purpura, or ecchymoses (large plaques) in skin or oozing (in the absence of trauma) in the mucous membranes.	1	2
Ulcer	Open sore in a skin surface.	1	4
Gangrene	Extensive tissue necrosis (e.g. digit)	2	4 6
Other skin vasculitis	Livedo reticularis, subcutaneous nodules, erythema nodosum, etc	1	2
3. Mucous	Maximum scores	3	6
membranes/eyes		-	_
	Aphthous stomatitis, deep ulcers and/or "strawberry" gingival hyperplasia, excluding lupus erythematosus, and infection	1	2
Genital ulcers	Ulcers localised in the genitalia or perineum, excluding infections.	1	1
Adnexal inflammation	Salivary (diffuse, tender swelling unrelated to meals) or lacrimal gland inflammation. Exclude other causes (infection). Specialist opinion preferably required.	2	4
Significant proptosis	Protrusion of the eyeball due to significant amounts of inflammatory in the orbit; if unilateral, there should be a difference of 2 mm between one eye and the other. This may be associated with diplopia due to infiltration of extra-ocular muscles. Developing myopia (measured on best visual acuity, see later) can also be a manifestation of proptosis	2	4
Red eye (Epi)scleritis	Inflammation of the sclerae (specialist opinion usually required). Can be heralded by photophobia.	1	2
Red eye conjunctivitis Blepharitis Keratitis	Inflammation of the conjuctivae (exclude infectious causes and excluding uveitis as cause of red eye, also exclude conjunctivitis sicca which should not be scored as this is not a feature of active vasculitis); (specialist opinion not usually required). Inflammation of eyelids. Exclude other causes (trauma, infection). Usually no specialist opinion is required Inflammation of central or peripheral cornea as evaluated by specialist	1	1
Blurred vision	Altered measurement of best visual acuity from previous or baseline, requiring specialist opinion for further evaluation.	2	3
			6
Sudden visual loss Uveitis	Sudden loss of vision requiring ophthalmological assessment. Inflammation of the uvea (iris, ciliary body, choroid) confirmed by ophthalmologist.	2	6 6
	Retinal vessel sheathing on examination by specialist or confirmed by retinal fluoroscein angiography	2	0
Retinal vessel thrombosis	Arterial or venous retinal blood vessel occlusion		
Retinal exudates	Any area of soft retinal exudates (exclude hard exudates) seen on ophthalmoscopic examination.	2	6
Retinal haemorrhages	Any area of retinal haemorrhage seen on ophthalmoscopic examination.		
Retinal haemorrhages 4. ENT	Maximum scores	3	6
Bloody nasal discharge/	Bloody, mucopurulent, nasal secretion, light or dark brown crusts frequently obstructing the nose, nasal ulcers and/or granulomatous lesions observed by rhinoscopy	3	6
Paranasal sinus involvement	Tenderness or pain over paranasal sinuses usually with pathologic imaging (CT, MR, x-ray, ultrasound)	1	2
Subglottic stenosis	Stridor and hoarseness due to inflammation and narrowing of the subglottic area observed by laryngoscopy	3	6
Conductive hearing loss	observed by laryngoscopy Hearing loss due to middle ear involvement confirmed by otoscopy and/or tuning fork examination and/or audiometry		3
Sensorineural hearing loss	Hearing loss due to auditory nerve or cochlear damage confirmed by audiometry	2	6
5. Chest	Maximum scores	3	6
Wheeze	Wheeze on clinical examination	1	2
Nodules or cavities	New lesions, detected by CXR	1	3
Version 2 28/10/2004			18

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Pleural pain and/or friction rub on clinical assessment or new onset of radiologically confirmed pleural effusion. Other causes (e.g. infection, malignancy) should be excluded Detected by CXR or CT scan. Other causes (infection) should be excluded Endobronchial pseudotumor or ulcerative lesions. Other causes such as infection or malignancy should be excluded. NB: smooth stenotic lesions to be included in VDI; subglottic lesions to be recorded in the ENT section. Major pulmonary bleeding, with shifting pulmonary infiltrates; other causes of bleeding should be excluded if possible Dyspnoea which is sufficiently severe as to require artificial ventilation	2 2 2 4	4 4 4
Endobronchial pseudotumor or ulcerative lesions. Other causes such as infection or malignancy should be excluded. NB: smooth stenotic lesions to be included in VDI; subglottic lesions to be recorded in the ENT section. Major pulmonary bleeding, with shifting pulmonary infiltrates; other causes of bleeding should be excluded if possible	2	4
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Major pulmonary bleeding, with shifting pulmonary infiltrates; other causes of bleeding should be excluded if possible	4	
Dysphoea which is sufficiently severe as to require artificial ventilation		6
	4	6
Maximum scores	3	6
Loss of pulses in any vessel detected clinically; this may include loss of pulses leading to threatened loss of limb	1	4
Significant valve abnormalities in the aortic mitral or pulmonary valves detected clinically or echocardiographically.	2	4
Pericardial pain &/or friction rub on clinical assessment.	1	3
Typical clinical history of cardiac pain leading to myocardial infarction or angina. Consider the possibility of more common causes (eg atherosclerosis)	2	4
Significant impairment of cardiac function due to poor ventricular wall motion confirmed on echocardiography	3	6
Heart failure by history or clinical examination	3	6
Maximum scores	4	9
Acute abdominal pain with peritonism/peritonitis due to perforation/infarction of small bowel, appendix or gallbladder etc., or acute pancreatitis confirmed by radiology/surgery/elevated amylase		9
Of recent onset; inflammatory bowel disease and infectious causes excluded.	3	9
Severe abdominal pain with typical features of ischaemia confirmed by imaging or at surgery, with typical appearances of aneursyms or abnormal vasculature characteristic of vasculitis.	2	6
Maximum scores	6	12
Diastolic BP>95, accelerated or not, with or without retinal changes.	1	4
>1+ on urinalysis; >0.2g/24 hours Infection should be excluded.	2	4
lithiasis (stone)	3	6
	0	4
		6
Serum creatinine values 500 µmoi/i or greater at first assessment only. Significant deterioration in renal function attributable to active vasculitis.	4	8 6
Maximum scores	6	9
New, unaccustomed & persistent headache	1	1
Severe headache with neck stiffness ascribed to inflammatory meningitis after excluding infection/bleeding	1	3
Impaired orientation, memory or other intellectual function in the absence of metabolic, psychiatric, pharmacological or toxic causes.	1	3
Paroxysmal electrical discharges in the brain & producing characteristic physical changes including tonic & clonic movements & certain behavioural changes.	3	9
Cerebrovascular accident resulting in focal neurological signs such as paresis, weakness, etc. A stroke due to other causes (eg atherosclerosis) should be considered & appropriate neurological advice is recommended	3	9
Transverse myelitis with lower extremity weakness or sensory loss (usually with a detectable sensory level) with loss of sphincter control (rectal & urinary bladder).	3	9
Facial nerve palsy, recurrent nerve palsy, oculomotor nerve palsy etc. excluding sensorineural hearing loss and ophthalmic symptoms due to inflammation	3	6
Sensory neuropathy resulting in glove &/or stocking distribution of sensory loss. Other causes should be excluded (e.g. idiopathic, metabolic, vitamin deficiencies, infectious, toxic, hereditary).	3	6
Simultaneous neuritis of single or many peripheral nerves, only scored if motor involvement. Other causes should be excluded (diabetes, sarcoidosis, carcinoma, amyloidosis).	3	9
	Itinically or echocardiographically. Pericardial pain &/or friction rub on clinical assessment. Typical clinical history of cardiac pain leading to myocardial infarction or angina. Consider the possibility of more common causes (eg atherosclerosis) Significant impairment of cardiac function due to poor ventricular wall motion confirmed on echocardiography Heart failure by history or clinical examination Maximum scores Acute abdominal pain with peritonism/peritonitis due to perforation/infarction of small powel, appendix or gallbladder etc., or acute pancreatitis confirmed by adiology/surgery/elevated amylase Of recent onset; inflammatory bowel disease and infectious causes excluded. Severe abdominal pain with typical features of ischaemia confirmed by imaging or at surgery, with typical appearances of aneursyms or abnormal vasculature tharacteristic of vasculitis. Maximum scores Diastolic BP>95, accelerated or not, with or without retinal changes. 1+ on urinalysis; >0.2g/24 hours. Infection should be excluded. 10 or more RBC per hpf ( high power field ), excluding urinary infection and urinary ithiasis (stone) Serum creatinine values 250-499 µmol/1 at first assessment only. Serum creatinine values 500 µmol/1 or greater at first assessment only. Significant deterioration in renal function attributable to active vasculitis. Maximum scores New, unaccustomed & persistent headache Severe headache with neck stiffness ascribed to inflammatory meningitis after excluding infection/bleeding mpaired orientation, memory or other intellectual function in the absence of netabolic, psychiatric, pharmacological or toxic causes. Paroxysmal electrical discharges in the brain & producing characteristic physical thanges. Creptorvascular accident resulting in focal neurological signs such as paresis, weakness, etc. A stroke due to other causes (eg atherosclerosis) should be considered & appropriate neurological advice is recommended Transverse myelitis with lower extremity weakness or sensory loss (usually with a fetectable sensory	Inically or echocardiographically.       1         Pericardial pain &/or friction rub on clinical assessment.       1         Typical clinical history of cardiac pain leading to myocardial infarction or angina.       2         Consider the possibility of more common causes (eg atherosclerosis)       3         Significant impairment of cardiac function due to poor ventricular wall motion       3         Acute abdominal pain with peritonism/peritonitis due to perforation/infarction of small       3         Acute abdominal pain with peritonism/peritonitis due to perforation/infarction of small       3         adiology/surgery/elevated amylase       3         Direcent onset; inflammatory bowel disease and infectious causes excluded.       3         Severe abdominal pain with typical features of ischaemia confirmed by imaging or at surgery, with typical appearances of aneursyms or abnormal vasculature characteristic or vasculitis.       4         Maximum scores       6       Diastolic BP>95, accelerated or not, with or without retinal changes.       1         e1+ on urinalysis; >0.2g/24 hours Infection should be excluded.       2       2         Di or more REC per hpf ( high power field ), excluding urinary infection and urinary thiasis (stone)       3         Serum creatinine values 250-499 µmol/l at first assessment only.       4         Significant deterioration in renal function attributable to active vasculitis.       1         Maximum sco